

Travail rythmique

2^{ème} année



Exercices rythmiques

1

2

3

4

5

6

7

8

9

10

11

12

13 $\frac{2}{4}$ Musical notation for exercise 13, 2/4 time signature.

14 $\frac{2}{4}$ Musical notation for exercise 14, 2/4 time signature.

15 $\frac{2}{4}$ Musical notation for exercise 15, 2/4 time signature.

16 $\frac{2}{4}$ Musical notation for exercise 16, 2/4 time signature, featuring triplets.

17 $\frac{2}{4}$ Musical notation for exercise 17, 2/4 time signature, featuring triplets.

18 $\frac{2}{4}$ Musical notation for exercise 18, 2/4 time signature, featuring triplets.

19 $\frac{2}{4}$ Musical notation for exercise 19, 2/4 time signature, featuring triplets.

20 $\frac{4}{4}$ Musical notation for exercise 20, 4/4 time signature, featuring triplets.

21 $\frac{4}{4}$ Musical notation for exercise 21, 4/4 time signature, featuring triplets.

22 $\frac{4}{4}$ Musical notation for exercise 22, 4/4 time signature, featuring triplets.

23 $\frac{4}{4}$ Musical notation for exercise 23, 4/4 time signature, featuring triplets.

24 $\frac{4}{4}$ Musical notation for exercise 24, 4/4 time signature, featuring triplets.

Exercices corpo-rythmiques



- 1) Trace le « chemin » au fluo entre les différentes voix. De cette manière, tu pourras voir sur quelle partie du corps tu devras te diriger tout en continuant ton exercice.
- 2) Les **soupirs** ne doivent jamais être pris en compte dans le chemin, il y a toujours un rythme à frapper !

1

Hands, Legs, Feet

5

Hands, Legs, Feet

2

Hands, Legs, Feet

5

Hands, Legs, Feet





3



3

3

3

Musical notation for exercise 3, consisting of three staves. The top staff has a circled '3' and a '3' above the first two measures. The middle staff has a '3' above the first measure. The bottom staff is a simple bass line.

Trace bien le chemin ici,
tu connais le rythme 😊








5

3

3

Musical notation for exercise 5, consisting of three staves. The top staff has a circled '5' and a '3' above the last measure. The middle staff has a '3' above the last measure. The bottom staff is a simple bass line.

4

3

3

3

Musical notation for exercise 4, consisting of three staves. The top staff has a circled '4' and a '3' above the last measure. The middle staff has '3' above the first two measures. The bottom staff is a simple bass line.





5

3

Musical notation for exercise 5 (repeated), consisting of three staves. The top staff has a circled '5' and a '3' above the last measure. The middle staff has a '3' above the last measure. The bottom staff is a simple bass line.